

All participants in online private lessons must be briefed with the agreed upon Safety protocol and Emergency Plan.

Safety Protocol – Before Lessons Commence

Rigging and Studio Safety:

- All online lesson students will fill out an emergency contact form, medical profile, and liability waiver before starting any lessons.
- The rigging must have been installed or inspected by a qualified circus rigger, and the students must have been briefed by the rigger on the specifics of equipment checks and maintenance routines.
- There must be adequate mats provided in the studio
- There must be a First Aid kit in the room, equipped with the following: First Aid Manual or Emergency/CPR flashcards, Adhesive bandages in assorted shapes and sizes (20 to 25), ACE bandages, Cloth tape, gauze, Q-tips, Antiseptic ointment, Ibuprofen, alcohol wipes, Hydrocortisone cream packets, burn ointment, Arnica, Paramedic or EMT shears, Bandage scissors, tweezers, Standard oral thermometer, CPR mouth barrier or pocket, Sterile (hypoallergenic or latex) surgical gloves, Instant chemical cold pack(s)
- **Safety Briefing:**
- Students will undergo an initial safety briefing with the instructor that will address the following topics: Run down of what types of skills are acceptable to learn in an online lesson, introduction to the partner spotting and safety checks which will occur in an online lesson, responsibility of the student to keep them self safe, importance of following directions and clear communication in an online lesson, warm up requirements, instructions for practicing material outside of lessons, common sense on the aerial equipment.
- Students will have read through the Emergency Plan with the instructor, students will have either a.) printed out the online lesson emergency plan and posted it in the studio or b.) Are aware of the home studio's emergency plan, and where it is located.

Safety Protocol – Before each lesson

- Each lesson will be recorded for the safety of all parties involved
- Verbal confirmation that the rigging has been checked. All soft goods have been inspected for wear and tear, all carabineers have been checked that they are locked and flipped in the correct orientation.
- Verbal confirmation that the students have warmed-up adequately before the lesson
- Verbal disclosure of any injuries or potential health concerns with the students.
- Visual confirmation of mat in place
- Verbal confirmation of emergency plan, first aid kit, and phone in the room
- Verbal confirmation that the studio is at a safe temperature for training